

# Turkey Hill Brook Farm

Garden Design - Inspired by Nature

## **Pollinator-friendly Plants for New England**

Ellen Sousa, Turkey Hill Brook Farm, Spencer, MA

Email: [Ellen@THBFarm.com](mailto:Ellen@THBFarm.com)

Website and "New England Habitat Landscaping" Blog: [THBFarm.com](http://THBFarm.com)

### **Annual and Biennials:**

Most of the annual and biennial plants listed below are not native to our area, but are they are invaluable for starting a pollinator garden because they bloom quickly from seed and flower for long periods. They are readily available where plants are sold, and are easy to grow from seed.

**Tall Verbena** (*Verbena bonariensis*) – at right

**Pot Marigold** (*Calendula*)

**Borage**

**Marigolds** (*Tagetes*) – single varieties

**Bachelor Buttons** (*Centaurea cyanis*)

**Sweet Alyssum** (*Lobularia maritima*)

**Salvia**

**Cosmos**

**Zinnia**

**Foxglove** (*Digitalis purpurea*)

**Sunflower** (*Helianthus annuus*)

Annual **herbs** such as Coriander, Dill, Parsley and Fennel

Native **Jewelweed** (*Impatiens capensis*)

Native **Daisy Fleabane** (*Erigeron annuus*)



All photos by Ellen Sousa

### **Perennials Native to Eastern North America:**

**Swamp, Common and Butterfly Milkweed** (*Asclepias* spp.)

**Mountain Mint** (*Pycnanthemum virginicum*)

**Aster** (*Symphotrichum* or *Eurybia* spp.)

**Joe-Pye Weed/Boneset** (*Eupatorium*, *Eutrochium* spp.)

**Wild Bergamot and Bee Balm** (*Monarda* spp.) - at right

**Purple Coneflower** (*Echinacea purpurea*)

**Black-eyed Susan** (*Rudbeckia* spp.)

**False Aster** (*Boltonia asteroides*)

**Goat's Beard** (*Aruncus dioicus*)

**Bearberry** (*Arctostaphylos uva-ursi*)

**Running Foamflower** (*Tiarella cordifolia*)

**Tickseed** (*Coreopsis* spp.)

**Virginia Bluebells** (*Mertensia virginica*)

**Goldenrod** (*Solidago* spp.)

**Phlox** (*Phlox* spp.)

**Perennial Sunflower** (*Helianthus* spp.)

**Swamp or Common Rose Mallow** (*Hibiscus moscheutos*, *H. palustris*)

**Black Cohosh** (*Actaea racemosa*)

**Culver's Root** (*Veronicastrum virginicum*)

**Wild Indigo** (*Baptisia* spp.)

**Bleeding Heart** (*Dicentra exima*) and **Dutchman's Breeches** (*Dicentra cucullaria*)

**Turtlehead** (*Chelone glabra*)



### **Perennials Native to Eastern North America (cont.)**

**Cardinal Flower** (*Lobelia cardinalis*) and **Blue Lobelia** (*Lobelia siphilitica*)  
**Sundial Lupine** (*Lupinus perennis*) — Avoid *Lupinus polyphyllus* which is commonly sold but invasive!  
**Obedient Plant** (*Physostegia virginiana*)  
**Violets** (*Viola* spp.) — There are both native and non-native species.  
**Bluestar** (*Amsonia* spp.)  
**Red Columbine** (*Aquilegia canadensis*)  
**Trillium** (*Trillium* spp.)  
**Blazing Star** (*Liatris* spp.)  
**Sneezeweed** (*Helenium* spp.)

### **Garden Perennials (Mostly non-native; There are some native Sedums and Alliums):**

**Sedum**  
**Catmint** (*Nepeta*)  
**Onion, Chives** (*Allium* spp.)  
**Candytuft** (*Iberis sempervirens*)  
**Korean Mums** (*Dendranthema*) – single-flowering varieties such as 'Sheffield' and 'Clara Curtis'  
**Korean Mint, Anise Hyssop, Licorice Mint** (*Agastache* spp.)  
**Lamb's Ear** (*Stachys byzantina*)  
**Herbs** such as **Marjoram, Oregano, Common Sage, Rosemary, Thyme, Lavender**

### **Eastern Native Shrubs and Small Trees:**

**Dogwoods** (*Cornus florida*, *Cornus alternifolia*, *Cornus racemosa*, *Cornus sericea*)  
**Buttonbush** (*Cephalanthus occidentalis*)  
**New Jersey Tea** (*Ceanothus americanus*)  
**Eastern Redbud** (*Cercis canadensis*)  
**Meadowsweet** (*Spiraea latifolia*) and **Steeplebush** (*Spiraea tomentosa*)  
**Summersweet** (*Clethra alnifolia*) – at right  
**Ninebark** (*Physocarpus opulifolius*)  
**Cherry** (*Prunus americana*, *Prunus pennsylvanica*)  
**Common Witch-hazel** (*Hamamelis virginiana*)  
**Viburnums** (*Viburnum dentatum*, *V. acerifolium*, *V. alnifolium*, *V. lentago*, *V. opulus* var. *americanum*)  
**American Elderberry** (*Sambucus canadensis*)  
**Chokeberry** (*Aronia arbutifolia*, *Aronia melanocarpa*)  
**Serviceberry/Shadbush** (*Amelanchier* spp.)  
**Virginia Rose** (*Rosa virginiana*), **Carolina Rose** (*Rosa carolina*), or **Swamp Rose** (*Rosa palustris*)  
**Smooth Hydrangea** (*Hydrangea arborescens*), **Oakleaf Hydrangea** (*Hydrangea quercifolia*)  
**Highbush Blueberry** (*Vaccinium corymbosum*) and **Lowbush Blueberry** (*Vaccinium angustifolium*)  
**Spicebush** (*Lindera benzoin*)  
**Hollies: Inkberry** (*Ilex glabra*), **American Holly** (*Ilex opaca*), and **Winterberry** (*Ilex verticillata*)  
**Hawthorn** (*Crataegus punctata*, others)  
**Virginia Sweetpire** (*Itea virginiana*)  
**Pinxterbloom** and **Swamp Azalea** or evergreen **Rosebay** and **Great Laurel Rhododendron**  
**Willow** (*Salix discolor*, *Salix exigua*)



### **Eastern Native Large Trees (Nectar):**

**Sugar Maple** (*Acer saccharum*), **Silver maple** (*Acer saccharinum*), **Red Maple** (*Acer rubrum*)  
**Basswood** (*Tilia americana*)  
**Tulip Tree** (*Liriodendron tulipifera*)  
**Black Gum, Tupelo** (*Nyssa sylvatica*)  
**Sassafras** (*Sassafras albidum*)  
**Mountain Ash** (*Sorbus americana*)